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Home Care Assistance of RI Partners with The Contemporary Theater Company and Madeline England, Improv Instructor, to Host VIRTUAL Improv for Dementia and Quality of Life Awareness Workshops

The Series, will cover “out of the box tools” for improving communication with persons with dementia, the sessions will be held Virtually on Thursdays from 10:00am-11:00am, in the Months of:

August, September, and October

(South Kingstown, Rhode Island, August, 2020) [Home Care Assistance of Rhode Island](#), North America’s leading provider of in-home care for seniors, is dedicated to partnering with other community members in an effort to increase awareness around healthy longevity and aging. In line with this commitment to community education, Home Care Assistance will host the Virtual Improv for Dementia and Quality of Life Awareness Workshops, each session FREE. This is a public event on learning some playful tools for connecting and communicating with people with dementia, please join

us as we age in partnership with The Contemporary Theater Company in our efforts to connect and educate our community about dementia and Alzheimer's. The workshop series will take place every Thursday from 10:00am-11:00am, virtually. To receive access to the virtual event contact Sabrina Sargent at ssargent@homecareassistance.com or call 401-284-0979. Attendees will receive information on how laughter and flexibility can relieve the most stressful situations and how powerful eye contact as they relate to aging and dementia.

Testimony: "Steve and I both enjoyed the Improv pilot class. Working together as a group we explored movement, sound, emotion, and concepts of communication. Some participants in the class have neurological challenges, and come with their partners, some are healthcare workers, others are teachers of improv at CTC. It is fun and relaxing as well as energizing at the same time. Chris Simpson, the founder of CTC who leads the class in gentle exploration" said Mary and Steve about Improv for Dementia Workshop and of Home Care Assistance of Rhode Island. "Let's Create Some Happy." We look forward to meeting you and enjoying this community event together!

Home Care Assistance of RI is committed to community education on the topic of aging, dementia, wellness, and quality of life. With an expertise in holistic care, Home Care Assistance of RI educates its caregivers and the seniors they serve on maintaining a healthy mind, body and spirit with age through its proprietary approach to care, the Balanced Care Method™. The Method is based on scientific studies of lifestyle factors linked to longevity including healthy diet, physical activity, social ties and calmness and purpose. The Cognitive Therapeutics Method™ is an activity-based cognitive intervention program, designed to delay the onset of new symptoms and the progression of existing symptoms in individuals with mild to moderate dementia. Based on cutting-edge scientific research and a National Institutes of Health report suggesting that mental stimulation is associated with slower cognitive decline, the Method currently includes over 300+ activities targeting the five primary cognitive domains: Attention, Executive Functioning, Language, Memory, and Visual Spatial. To learn more about what Home Care Assistance has to offer or to schedule a free in-home assessment, please visit homecareassistancerhodeisland.com or call (401) 284-0979 to speak with a Care Manager or Cognitive Interventionist today. Home Care Assistance of Rhode Island is located at 60 South County Commons Way G4, South Kingstown RI 02879.

