

Health-Wise Community Conversation

on Healthy Aging



Presented by Home Care Assistance of RI

**FREE
EVENT**

February 11, 2017 (Sunday)

2:00PM - 3:30PM

North Kingstown Public Library

100 Boone St No Kingstown, RI

Come and learn about the growing body of research on healthy aging and important lifestyle choices for improving quality of life. Learn about the benefits of art, dance, singing, laughter and mindfulness for healthy longevity.



Patricia Schumacher, RN

Owner of Home Care Assistance of Rhode Island is a thought-leader on healthy aging with a depth of experience in promoting brain health and quality of life among the senior population. Patricia is committed to ensuring that seniors and their families are informed, educated and empowered to proactively navigate the aging experience.

Please register on [Eventbrite](#)

or call HCA-RI office at [401-284-0979](tel:401-284-0979)

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"Changing the Way the World Ages"