



Health-wise Community Conversations on Aging Successfully in Place

Come and learn about the good things happening in our community to promote health, wellness, connectedness and quality of life. Four speakers and enriching conversations for seniors and their families.

Free Event

DATE: Thursday, April 27
from 3:30 – 6 pm.

WHERE: The Neighborhood Guild
325 Columbia Street
Wakefield, RI

Patricia Schumacher

Home Care Assistance of Rhode Island
Coaching for Family Caregivers: Planning, Tools, and Strategies for successful aging in the home of your choice. Educating and empowering seniors and their families to proactively navigate the changing tides of the aging experience.

Beth Leconte

A Community Together & Osher Lifelong Learning Institute (URL)
A Community Together – to be launched in 2017, a member-driven network that creates community, a sense of belonging, expanded freedom of choice, and cross-generational interdependence in South Kingstown/ Narragansett for Aging in Place. And the Osher Lifelong Learning Institute (OLLI) The value of life-long learning.

Lisa Marzilli

Researcher, science educator and yoga teacher
Yoga, Mindfulness and Aging - Paths to Wellness – combining evidence-based science and eastern modalities.

Kathleen Repoli

Simplafyi
Mind-Body Connection, Natural Healing & Your Wellbeing. Discover how natural healing strategies can enhance your health & wellbeing.

* Refreshments and snacks generously provided by Munroe Dairy.